

Board Review Process for Dry Needling

The Board has created a Subcommittee on Dry Needling to evaluate if applicants fulfill the educational requirements stipulated in subsection 5 of [NRS 640B.260](#). The Subcommittee analyzes the verification form, found on pages 3-5 of this document, along with all supporting documentation. Upon verifying that a licensee meets the educational requirements, the Subcommittee will recommend Board approval. These recommendations are then considered at the next scheduled Board meeting for a final decision. Board approved licensees receive an email with an updated license that states they have met the qualifications to dry needle. The Board's website lists the [active licensees](#), indicating who are Board approved to dry needle.

The Subcommittee has established ten key points to facilitate the review and approval process, prevent delays, and alleviate confusion:

1. Licensee reviews are public record; however, the Subcommittee ensures confidentiality by identifying applicants only by a randomly assigned number and their last name.
2. Submission of fully completed and signed forms is required. Incomplete or handwritten forms are not acceptable and will be returned. A curriculum vitae is not a valid substitute for the verification form.
3. Applicants must submit certificates of completion and unofficial transcripts along with the verification form. Unsubstantiated coursework will not be accepted. Transfer credits require the transcript from the original institution. Only courses listed on the form will be considered.
4. Coursework dates on the verification form must match those on the transcripts. Applicants should mark and label the transcript with the entry numbers on the second table, as shown in the attached example.
5. Coursework completed within the last ten years is preferred. While undergraduate courses satisfy statutory requirements, recent continuing education is strongly encouraged. The Subcommittee reserves the right to request additional, relevant coursework if the submitted courses are deemed outdated or irrelevant.
6. Applicants should carefully select appropriate coursework from their transcripts. Graduate coursework is preferred over undergraduate and advanced courses should be prioritized over basic ones to fulfill the education requirements. It is not the Subcommittee's job to determine how an applicant's transcript qualifies them to dry needle.
7. Applicants must explain how a class pertains to dry needling and/or provide a course syllabus. Courses with broad titles such as Principles in Athletic Training do not clearly satisfy the required domains on the application. Applicants are responsible for demonstrating how their courses fulfill the dry needling requirements.
8. Contact hours must be calculated correctly. One college credit typically equals 15 contact hours per semester, making a three-credit course worth 45 contact hours. Even so, some domains do not justify counting all contact hours. For instance, blood borne pathogens may have been covered in a course. If so, only those hours of specific lectures should be counted.
9. Clinical rotations must include a clear explanation of how the experience relates to dry needling. Merely completing rotations does not suffice and specific exposure to dry needling must be documented.
10. For professional conferences, applicants must provide a conference schedule, highlight the sessions they attended relevant to dry needling, and count only those hours.

SAMPLE FOR REFERENCE ONLY

Example of how to fill out the second table with remaining 125 hours:

| Entry # | Course Title and Relevance to Dry Needling Education | Date of Coursework | Domains of Study | # of Credit Hours | # of Contact Hours |
|---------|---|--------------------|------------------|-------------------|--------------------|
| 1 | Human Anatomy and Physiology I <i>(Add a brief explanation about what you learned that applies to Dry Needling)</i> | Fall 2012 | B | 3 | 45 |
| 2 | Human Anatomy and Physiology II <i>(Add a brief explanation about what you learned that applies to Dry Needling)</i> | Spring 2013 | B | 3 | 45 |
| 3 | Advanced Applied Anatomy – <i>(Add a brief explanation about what you learned that applies to Dry Needling)</i> | Fall 2017 | B | 3 | 36 |
| 4 | Care and Suturing of Minor Skin Wounds <i>(Add a brief explanation about what you learned that applies to Dry Needling)</i> | 1/15/2019 | A, C | 1 | 1 |
| 5 | Effectiveness of Dry Needling on Pain and Myofascial Trigger Points <i>(Add a brief explanation about what you learned that applies to Dry Needling)</i> | 8/25/2019 | A, B, D | 6 | 6 |
| 6 | Symposium: Hip Injuries <i>(Add a brief explanation about what you learned that applies to Dry Needling)</i> | 10/1/2019 | B, D | 5 | 5 |
| | | | Total # of Hours | 21 | 138 |

The Entry # of each course is required to clearly label the transcript and certificates of completion. For the example above, the next steps are as follows:

1. Highlight “Human Anatomy and Physiology I” and “Fall 2012” on the undergrad transcript. Type or write “1” beside it.
2. Highlight “Human Anatomy and Physiology II” and “Spring 2013” and type or write “2” beside it. Save the transcript as “1and2.LASTNAME.UnivName.transcript.”
3. Highlight “Advanced Applied Anatomy” and “Fall 2017” on the grad school transcript and type or write “3” beside it. Save the transcript as “3.LASTNAME.UnivName.transcript.”
4. Save the certificate of completion as “4.LASTNAME.CareSuturing.cert.” Type or write a #4 on the certificate.
5. Save the certificate as “5.LASTNAME.Myofascial.cert” and write a #5 on the certificate.
6. Save the certificate as “6.LASTNAME.HipInjuries.cert” and write a #6 on the certificate.

Dry Needling Education and Training Verification Form

Name _____ License No. _____

Mailing Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

This fillable form is to be used to submit the required documentation to meet the legislated qualifications for the practice of dry needling in Nevada, as described in NRS 640B.260 (5):

The qualifications an athletic trainer must obtain before he or she is authorized to perform dry needling, which must include, without limitation, the successful completion of not less than 150 hours of didactic education and training in dry needling approved by the Board. Such hours may include didactic education and training completed as part of a graduate-level program of study.

You are required to fill out this form by typing it and submit it with any relevant academic transcripts and certificates of completion for continuing education courses. The Board office will retain this documentation.

To comply with these provisions, you must provide evidence that demonstrates completion of **a total of 150 hours** of didactic education and training, which must be approved by one or more of the following entities:

- *Board of Certification for the Athletic Trainer (BOC), or its successor organization,*
- *The Commission on Accreditation of Athletic Training Education (CAATE), or its successor organization, or*
- *The Nevada State Board of Athletic Trainers (NSBAT).*

And include instruction concerning **all four** of the following **domains of study**:

- A. The use of sterile needles in accordance with standards prescribed by the Centers for Disease Control and Prevention of the United States Department of Health and Human Services or the Occupational Safety and Health Administration of the United States Department of Labor;
- B. The aspects of human anatomy relevant to dry needling;
- C. Control of blood-borne pathogens; and
- D. Circumstances under which performing dry needling on a patient may or may not be appropriate.

If your dry needling training and/or related course work occurred before 11/02/2017 (3 years prior to regulation ratification date) and you do not have a copy of your continuing education certificates, fill out the form with your course work information and an attestation form (available on the Board website). Submit this form, the attestation form, and any relevant graduate-level academic transcripts to the Board office via email.

The 150 hours of didactic education and training are in the following **two categories**:

1) A minimum of **25 hours** must be in a post-graduate dry needling course approved by one of the above entities, which includes information as outlined in regulation (see NAC 640B.070). The course shall consist of, but not be limited to, passing of both a written and practical examination upon completing the course. For statutory compliance, the practical training and assessments must be completed in person.

Include a copy of your certificate of completion. Please use A, B, C, or D to indicate which domains of study the course satisfies. The hours listed below must be in-person only. List any remaining hours in the 2nd table.

| Dry Needling Course Title | Domains of Study | # of Hours |
|----------------------------------|-------------------------|-------------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | Total # of Hours | |

2) Up to **125 hours** in approved graduate-level courses or postgraduate continuing education courses in the appropriate study domains relevant to dry needling (See domains above). Please use A, B, C, or D to indicate which domains of study the course satisfies and provide a brief explanation of the course’s relevance to dry needling. Include copies of your transcript (can be unofficial) and/or Continuing Education Certificates.

| Entry # | Course Title and Relevance to Dry Needling Education | Date of Coursework | Domains of Study | # of Credit Hours | # of Contact Hours |
|----------------|---|---------------------------|-------------------------|--------------------------|---------------------------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |

| Entry # | Course Title and Relevance to Dry Needling Education | Date of Coursework | Domains of Study | # of Credit Hours | # of Contact Hours |
|---------|--|--------------------|------------------|-------------------|--------------------|
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |
| 9 | | | | | |
| 10 | | | | | |
| | | | | Total # of Hours | |

I, _____, do hereby swear (or affirm) that the foregoing statements contained in this document are true and correct.

Signature

Date

Please submit this form and any supporting documentation to the Board office via email at atrainier@nsbat.nv.gov.